



ANNUAL BULLDOG BASEBALL CAMP

The Grandview High School Baseball Camp will give young players a chance to further develop their skills in every facet of the game. The camp will emphasize the proper techniques for each player's position and segment of the game. The camp will be conducted by Grandview High School's Baseball Coach Mike Stringer. Coach Stringer, members of his coaching staff, and current & former Bulldog players will teach the camp participants a working knowledge of the fundamentals and methods in baseball. Drills and practice in all categories will be given to help strengthen and develop the player. Boys will be placed in small groups according to their ability and age level. The camp will cover both offensive and defensive fundamentals with individual drills for each phase.

There will be two camps available. Attending both camps are highly recommended.

Skills Camp Session I: The following techniques of baseball will be covered during the camp: Throwing, Catching, Fielding, Hitting, Base Running, Agility Drills, Balance, and Strength Development. Games will also be played so the coaching staff will be able to analyze and help the camper in real game situations and scenarios. Each camper will work hard while learning the finer points of baseball. The camp will be held Monday, July 9th from 9 am to noon.

Pitchers & Catchers Camp: During camp, players will learn the proper pitching and catching mechanics, along with the mental approach to the game.

FOR: Boys who are entering Grades 6 through 9 in the Fall

WHEN: Skills Camp Session I: July 9th, 2018 9 am to Noon
Pitchers & Catchers Camp: July 10th, 2018 9 am to Noon

WHERE: Grandview High School Baseball Field
2300 High Grove Road
Grandview, MO 64030



COST: \$25 per camp (Make Checks payable to Bulldogs Baseball)

WHAT YOU NEED TO BRING TO CAMP:

- 1) Parent's release or Doctor's statement of health (below)
- 2) Practice Pants/Sweats, shoes (tennis/or cleats)
- 3) Any Baseball gear you have

CUT HERE

RESERVATIONS: Please call to reserve your spot: Mike Stringer Grandview Bulldog Baseball Camp
Questions? Call 816-316-5811 or 816-589-2207

Bulldogs Baseball Camp

You must bring the form below on the day of the camp at registration to be able to participate.

NAME _____ PHONE _____ GRADE (FALL 09) _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PARENT'S RELEASE OR DOCTOR'S STATEMENT

I have examined/or given my permission for _____ to participate in a summer

baseball camp. DATE _____ GRADE/MIDDLE SCHOOL _____

DOCTOR OR PARENTS SIGNATURE _____

ANNUAL BULLDOGS BASEBALL SKILLS CAMP

The Grandview Bulldogs Baseball Staff invites you to attend our Annual Bulldogs Baseball Skills Camp 2018! The camp is for ages 11-14 years old. The Bulldogs Baseball Skills Camp will be held on July 9th on the Grandview High School Campus and the Bulldogs Baseball Field, home of the Grandview Bulldogs! Our camps are designed to make the game fun by tailoring instruction to help each camper improve their skills. In addition to many drills teaching baseball fundamentals, we will have games, hear from coaches, learn about sportsmanship, and have a great time while meeting new people. An outstanding experience is guaranteed!

General Information

Players Receive:

Meet and learn from the Grandview Bulldogs Coaches, Current & Former Players.

Lunch

Grandview Bulldogs Baseball Camp t-shirt

Fundamentals Covered:

Throwing

Fielding

Hitting

Baserunning

Agility

Games Each Day

Note: Camper supervision will begin at 8:30 am each day.

Camp Schedule

- **8:15 am: Registration Begins**
- **9:00 am: Introduction**
- **9:05 am: Conditioning & Warm Up**
- **9:30 am: Throwing & Catching Mechanics**
- **10:00 am: Fielding**
- **10:30 am: Baserunning**
- **10:45 am: Hitting**
- **11:15 am: Games**
- **11:55 am: Lunch & Awards**

ANNUAL BULLDOGS BASEBALL PITCHERS & CATCHER CAMP

July 10th 9:00 a.m. – 12 noon

This camp is open to all boys who are entering grades 6 through 9 in the fall. Only pitching and catching techniques and drills will be taught during this two day session. Fielding and hitting techniques WILL NOT be taught during this camp session. All young men who desire to be a pitcher or catcher are encouraged to attend this camp of intense pitching and catching.

Pitchers will receive individual instruction in the proper techniques of pitching a baseball. They will learn the mechanics of the windup and stretch positions, along with pitch location and the proper technique of throwing the fastball, changeup, and curveball. Instruction in pitch calling, field generalship, and the development of leadership ability will be emphasized.

Catchers will learn correct setup stances, proper receiving and blocking techniques, and throwing mechanics. Instruction of pitch calling with the pitcher, play calling, and development of leadership ability will be covered. Individualized catching drills will be used to develop good catching techniques.

General Information

Players Receive:

Meet and learn from the Grandview Bulldogs Coaches, Current & Former Players.

Lunch

Grandview Bulldogs Baseball Pitchers & Catchers Camp t-shirt

Fundamentals Covered:

Pitching & Catching Mechanics

Pitch Grips

Fielding

Conditioning

Mental Game

Note: Camper supervision will begin at 8:30 am each day.

Camp Schedule

- **8:15 am: Registration Begins**
- **9:00 am: Introduction**
- **9:05 am: Conditioning & Warm Up**
- **9:30 am: Pitching Mechanics**
- **10:00 am: Fielding**
- **10:30 am: Pitching Mechanics**
- **11:00 am: Bullpens**
- **11:30 am: Mental Game**
- **11:55 am: Lunch & Awards**